



ST MICHAEL'S CATHOLIC PARISH SHOALHAVEN

Berry

Bomaderry

Culburra

Kangaroo Valley

Nowra

Vincentia

📍 30 North St, Nowra

✉️ nowra@dow.org.au

☎️ 02-44231712

🌐 nowraparish.au

11th Sunday in Ordinary Time

14 June 2026



Parish staff

Pastor: Fr Damien Ellis (damien.ellis@dow.org.au)

Parochial Vicars: Fr James Arblaster (james.arblaster@dow.org.au)
Fr Darren McDowell (darren.mcdowell@dow.org.au)

Retired Priests: Mgr Patrick Faherty (Emeritus Pastor)
Fr Ronan Kilgannon

Office Hours: Monday - Friday 10:30 am to 2:30 pm

Reflection - Fr Darren

Today's gospel starts very poignantly, Jesus looks at the crowds and is moved with compassion - to him they are like 'sheep without a shepherd'. He sees that they are 'harrassed and dejected'. We too can feel the same way - being pulled this way and that by those who say they 'have the right path / listen to us. We see this most keenly through YouTube & Social Media - people on the right and left 'claiming solutions'. A question for us is 'how do we look upon all this - do we get a sense of the mission and ministry to which Jesus is inviting us to participate?

Jesus' response is twofold - calling on his Father to 'send labourers into the vineyard' and then choosing labourers who will go out to preach, heal and provide leadership for his people.

At Pentecost we celebrated the descent and giving of the Holy Spirit. Each of us has been given a special charism, a special grace in order to accomplish the mission of spreading the good news. Each of us is called to be a 'labourer in the vineyard', working with the Holy Spirit to bring healing, hope and transformation to the lives of those around us. How are you being called, by name, to participate in this mission?



Saturday Vigil

4pm Bomaderry
5.30pm Culburra
6pm Vincentia



Sunday

7.30am Berry
9.30am Nowra
10am Vincentia
11.30am Kangaroo Valley
6pm Nowra



Monday

9.30am Nowra



Tuesday

9.30am Nowra
5.30pm Berry



Wednesday

7.30am Nowra
5.30pm Vincentia



Thursday

7.30am Nowra
5.30pm Culburra



Friday

10am Nowra

First Saturday

10am Nowra



Tuesday

Berry- before 5.30pm Mass

Wednesday

Vincentia- before 5.30pm Mass

Thursday

Culburra- before 5.30pm Mass

Friday

Nowra- 9am to 10am

First Saturday

Nowra- 9am to 10am



Entrance Antiphon

Psalms 26:7,9

O Lord, hear my voice, for I have called to you; be my help. Do not abandon or forsake me, O God, my Saviour!

First Reading

Exodus 19:2-6

From Rephidim the Israelites set out again; and when they reached the wilderness of Sinai, there in the wilderness they pitched their camp; there facing the mountain Israel pitched camp.

Moses then went up to God, and the Lord called to him from the mountain, saying, 'Say this to the House of Jacob, declare this to the sons of Israel, "You yourselves have seen what I did with the Egyptians, how I carried you on eagles' wings and brought you to myself. From this you know that now, if you obey my voice and hold fast to my covenant, you of all the nations shall be my very own, for all the earth is mine. I will count you a kingdom of priests, a consecrated nation."

Responsorial Psalm

Psalm 99

*(R.) We are his people:
the sheep of his flock.*

Cry with joy to the Lord, all the earth.

Serve the Lord with gladness.

Come before him, singing for joy. **(R.)**

Know that he, the Lord, is God. He made us, we belong to him, we are his people, the sheep of his flock. **(R.)**

Indeed, how good is the Lord, eternal his merciful love.

He is faithful from age to age. **(R.)**

Second Reading

Romans 5:6-11

We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners. Having died to make us righteous, is it likely that he would now fail to save us from God's anger? When we were reconciled to God by the death of his Son, we were still enemies; now that we have been reconciled surely we may count on being saved by the life of his Son? Not merely because we have been reconciled but because we are filled with joyful trust in God, through our Lord Jesus Christ, through whom we have already gained our reconciliation.

Gospel Acclamation

Mark 1:15

Alleluia, alleluia!

The kingdom of God is near;
repent and believe the Good News!

Alleluia!

Gospel

Matthew 9:36 – 10:8

When Jesus saw the crowds he felt sorry for them because they were harassed and dejected, like sheep without a shepherd. Then he said to his disciples, 'The harvest is rich but the labourers are few, so ask the Lord of the harvest to send labourers to his harvest.'

He summoned his twelve disciples, and gave them authority over unclean spirits with power to cast them out and to cure all kinds of diseases and sickness.

These are the names of the twelve apostles: first, Simon who is called Peter, and his brother Andrew; James the son of Zebedee, and his brother John; Philip and Bartholomew; Thomas, and Matthew the tax collector; James the son of Alphaeus, and Thaddaeus; Simon the Zealot and Judas Iscariot, the one who was to betray him. These twelve Jesus sent out, instructing them as follows:

'Do not turn your steps to pagan territory, and do not enter any Samaritan town; go rather to the lost sheep of the House of Israel. And as you go, proclaim that the kingdom of heaven is close at hand. Cure the sick, raise the dead, cleanse the lepers, cast out devils. You received without charge, give without charge.'



Communion Antiphon

Psalm 26:4

There is one thing I ask of the Lord, only this do I seek: to live in the house of the Lord all the days of my life.

Coming up this week

Tuesday- 16/06/26

Rosary after 5:30 pm Mass, Berry

Adoration at 7:30 am, Vincentia

Rosary at 8:00 am, Vincentia

Wednesday- 17/06/26

Craft Group at 9:30 am, Nowra

Choir Practice at 3:30 pm, Vincentia

Adoration & Rosary at 5:00 pm, Vincentia

Scripture Reflection at 7:00 pm, Nowra

Thursday- 18/06/26

Adoration at 7:30 am, Vincentia

Rosary at 8:00 am, Vincentia

Adoration & Rosary at 5:00 pm, Culburra

Stella Maris Prayer Group at 6:30 pm, Culburra

St Joseph's Mens Adoration Group 8pm-6am, Nowra

Friday- 19/06/26

Craft Group at 10:00 am, Vincentia

Rosary at 5:00 pm, Bomaderry

Saturday- 20/06/26

The Man Walk at 7:15 am for coffee before walk

@Providence Blue Cafe, Sanctuary Point

Baptisms at 12:30 pm, Nowra

Our Eucharistic Mission



As the Body of Christ we become the life of the world for others, bringing them into relationship with Jesus.

One engaging way we can do this is through the Alpha Course. Alpha is an engaging, conversational experience exploring life, purpose and the Christian faith, especially for those with little or no faith background.

We're looking to run Alpha in our Parish Community and would love you to take part. Stay tuned for more information.

PRAY FOR:

Sick: **Brenda Relf, Maria Graham, Bill Hilzinger, Margaret Broomhead, John Owen and Ian Cartledge**

Recently Deceased: **David Quirk, Edward Webster, Marie Molloy, John Garvan, Reza Principe, Julie Umback and John Johnson**

Death Anniversary: **Ian Boyle and Anna Punzo**



Pope Leo - Warning on AI

A Vatican resource has been released to help guide and inform families and parishes about the complexities of AI. The resource, which is targeted at adults and children, includes a pastoral kit and other information related to this global issue.

Pope Leo XIV's first encyclical *Magnifica Humanitas* recently warned of the dangers to humanity posed by AI and what we need to do to safeguard our relationships. The encyclical's title is Latin for 'Magnificent Humanity'.

Details at:

<https://www.commonhome.tv/2026/05/29/vatican-resource-brings-magnifica-humanitas-to-parishes-and-families/>

Diocesan Notices

Caring support for you and your family

When life feels challenging, support can make a difference. CatholicCare's professional counsellors are here for you. We support children, adults, couples, and families, with appointments available in person, online, or by phone. Call 1800 967 894

The Journey – Your Diocesan Weekly Podcast

The Journey is the weekly podcast for parishioners in the Diocese of Wollongong. Each week it brings you great music, formation in faith, with an array of fantastic presenters from our Diocese and around Australia.

Just go to www.jcr.org.au and we will send it to you each week.

Parish Events

Celebrating Fr Pat's 60th Anniversary of Ordination

As a parish, we have the great pleasure of celebrating the 60th anniversary of Fr Pat's Ordination to the Priesthood on **Friday 19 June**.

Mass will be celebrated at **St Michael's at 10:00am**, followed by **morning tea/brunch in the Parish Centre**.

This is a most significant and joyful occasion, and all are warmly welcome to attend.

Please bring a plate to share.

For further information, please contact **Katherine on 0411 023 943**.

Winter Appeal - Vincentia SVDP

The Winter Appeal collection for Vincentia Holy Spirit SVDP Conference will be held at the **Saturday Vigil Mass on 20th June** and **Sunday Mass on 21st June** at the Vincentia Holy Spirit Church. Conference members will stand outside the church at the end of each Mass on both days with buckets to collect money for our yearly Winter Appeal.

Scripture Reflection - Wednesday

We are all invited into a deep relationship with God. We discover this relationship by spending time reflecting on God's word. Our fortnightly Scripture Reflection Group meets this coming **Wednesday evening 17th June**. No knowledge is required and we will be using the Faith Circles resource focusing on the coming Sunday gospel. Everyone is invited. Each session will run from **7pm-8:30pm** here at the St Michael's Parish Centre. All are welcome and please register via the Parish Office - nowra@dow.org.au

Parish Notices

Cross+Gen Technology Program

Cross+Gen is a FREE program where students support seniors with everyday technology in a friendly, relaxed, intergenerational setting. Cross+Gen brings students and seniors together to build confidence and connection through practical technology support. Delivered in partnership with CatholicCare and Catholic Education Diocese of Wollongong to promote community engagement and wellbeing. Bring along your mobile phone, tablet or laptop and get help with:

- Downloading and using apps
- Sending messages and emails
- Using Google Maps
- General technology questions

Who Can Attend?

Grandparents, parishioners and older members of the wider school community are warmly invited to join.

Session Dates & Times

Mondays 9:30am - 11am

- 27 July
- 3 August
- 10 August
- 17 August
- 24 August

Location: St John the Evangelist
31 John Purcell Way, Nowra NSW 2541

Refreshments provided at each session.

To book your place:

Contact Jane Hollier

0417 018 152

janeh@catholiccare.dow.org.au



Liturgical Ministry Training

Firstly, thank you to all who assist with making our liturgies an engaging experience of encounter with our Lord.

Ongoing training and development is an important part of any ministry and we are inviting all those currently involved and anyone who would like to become involved to a series of Liturgical Formation Sessions. These gatherings are an important opportunity to reflect on the meaning of the liturgy, grow in confidence in your role, and ensure that our celebrations remain faithful and unified. Also important is to bring some standardisation and best practices across our six churches.

Session Dates (9:30am–12:00pm, including morning tea):

27 June: Acolytes, Servers, and Sacristans

16 July (10:00am -12:30pm): Communion to the Sick and Homebound

25 July: Musicians

15 August: Lectors/Readers

22 August: Extraordinary Ministers of Holy Communion

Location: Parish Centre, Nowra

Please register via the QR code provided, or contact the parish office



Thursday Night Adoration: One Hour Needed

A man is needed to commit to one hour of adoration every **Thursday** night at **9:00pm**.

Please call Patrick on 0435 364 403 if you are willing and able.