



# ST MICHAEL'S CATHOLIC PARISH SHOALHAVEN

Berry

Bomaderry

Culburra

Kangaroo Valley

Nowra

Vincentia

📍 30 North St, Nowra

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**12th Sunday in Ordinary Time Year A      21 June 2026**



## Parish staff

**Pastor:** Fr Damien Ellis ([damien.ellis@dow.org.au](mailto:damien.ellis@dow.org.au))

**Parochial Vicars:** Fr James Arblaster ([james.arblaster@dow.org.au](mailto:james.arblaster@dow.org.au))  
Fr Darren McDowell ([darren.mcdowell@dow.org.au](mailto:darren.mcdowell@dow.org.au))

**Retired Priests:** Mgr Patrick Faherty (Emeritus Pastor)  
Fr Ronan Kilgannon

**Office Hours:** Monday - Friday 10:30 am to 2:30 pm

## Reflection - Fr Darren

### *Our Role in the Liturgy*

Over the coming two months Fr James will be conducting formation sessions for the various ministries involved in celebrating the Mass. However, whilst there are various special roles within the liturgy, each of us has an important and vital role to play.

As parts of the body of Christ the Church, in the Vatican II document Sacrosanctum Concilium, invites us to recognise the liturgy as the 'source and summit of our whole Christian life' (SC 10) and as such calls us to 'full, conscious and active participation' (SC 10). Thus, each of us has a role to play. As a body we pray together, we respond loudly and clearly, we sing well and move in an orderly and unified way. Some of us will be involved in specific ways, but our own response is equally important for the celebration.

The truth of this can be understood by an image. Could you imagine being at a birthday party and not singing happy birthday with everyone else. No, of course not. It is the same with our celebration of the mass. We are all invited and called to play the important role of participating, in order that the celebration gains its fullest meaning and spiritual value. How are you participating today?



### Saturday Vigil

4pm Bomaderry  
5.30pm Culburra  
6pm Vincentia



### Sunday

7.30am Berry  
9.30am Nowra  
10am Vincentia  
11.30am Kangaroo Valley  
6pm Nowra



### Monday

9.30am Nowra



### Tuesday

9.30am Nowra  
5.30pm Berry



### Wednesday

7.30am Nowra  
5.30pm Vincentia



### Thursday

7.30am Nowra  
5.30pm Culburra



### Friday

10am Nowra

### First Saturday

10am Nowra



### Tuesday

Berry- before 5.30pm Mass

### Wednesday

Vincentia- before 5.30pm Mass

### Thursday

Culburra- before 5.30pm Mass

### Friday

Nowra- 9am to 10am

### First Saturday

Nowra- 9am to 10am

## Entrance Antiphon

Psalms 27:8-9

The Lord is the strength of his people, a saving refuge for the one he has anointed.

Save your people, Lord, and bless your heritage, and govern them for ever.

## First Reading

Jeremiah 20:10-13

Jeremiah said:

'I hear so many disparaging me, "Terror from every side!

Denounce him! Let us denounce him!"

All those who used to be my friends

watched for my downfall,

"Perhaps he will be seduced into error.

Then we will master him and take our revenge!"

But the Lord is at my side, a mighty hero;

my opponents will stumble, mastered,

confounded by their failure;

everlasting, unforgettable disgrace will be theirs.

But you, Lord of Hosts, you who probe with justice,

who scrutinise the loins and heart,

let me see the vengeance you will take on them,

for I have committed my cause to you.

Sing to the Lord,

praise the Lord,

for he has delivered the soul of the needy

from the hands of evil men.'

## Responsorial Psalm

Psalm 68

*(R.) Lord, in your great love, answer me.*

It is for you that I suffer taunts, that shame covers my face, that I have become a stranger to my brothers,

an alien to my own mother's sons.

I burn with zeal for your house and taunts against you fall on me. **(R.)**

This is my prayer to you, my prayer for your favour.

In your great love, answer me, O God,

with your help that never fails:

Lord, answer, for your love is kind;

in your compassion, turn towards me. **(R.)**

The poor when they see it will be glad

and God-seeking hearts will revive;

for the Lord listens to the needy and does not spurn his servants in their chains.

Let the heavens and the earth give him praise,

the sea and all its living creatures. **(R.)**

## Second Reading

Romans 5:12-15

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given. There was no law and so

no one could be accused of the sin of 'law-breaking', yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law.

Adam prefigured the One to come, but the gift itself considerably outweighed the fall. If it is certain that through one man's fall so many died, it is even more certain that divine grace, coming through the one man, Jesus Christ, came to so many as an abundant free gift.

## Gospel Acclamation

John 15:26,27

Alleluia, alleluia!

The Spirit of Truth will bear witness to me, says the Lord, and you also will be my witnesses.

Alleluia!

## Gospel

Matthew 10:26 – 33

Jesus instructed the Twelve as follows: 'Do not be afraid. For everything that is now covered will be uncovered, and everything now hidden will be made clear. What I say to you in the dark, tell in the daylight; what you hear in whispers, proclaim from the house-tops.

'Do not be afraid of those who kill the body but cannot kill the soul; fear him rather who can destroy both body and soul in hell. Can you not buy two sparrows for a penny? And yet not one falls to the ground without your Father knowing. Why, every hair on your head has been counted. So there is no need to be afraid; you are worth more than hundreds of sparrows.'



'So if anyone declares himself for me in the presence of men, I will declare myself for him in the presence of my Father in heaven. But the one who disowns me in the presence of men, I will disown in the presence of my Father in heaven.'

## Communion Antiphon

Psalm 144:15

The eyes of all look to you, Lord, and you give them their food in due season.

## PRAY FOR:

Sick: **Kevin Owens, Peter Rose, Brenda Relf, Maria Graham, Bill Hilzinger, Margaret Broomhead, John Owen and Ian Cartledge**

Recently Deceased: **Charles Tabone, David Quirk and Jadwiga Martin**

Death Anniversary: **Margaret Leary, Josephine & Otto Miller, Maria Radja and Josip Horvat**

## Pope Leo - Warning on AI

A Vatican resource has been released to help guide and inform families and parishes about the complexities of AI. The resource, which is targeted at adults and children, includes a pastoral kit and other information related to this global issue.

Pope Leo XIV's first encyclical *Magnifica Humanitas* recently warned of the dangers to humanity posed by AI and what we need to do to safeguard our relationships. The encyclical's title is Latin for 'Magnificent Humanity'.

Details at:

<https://www.commonhome.tv/2026/05/29/vatican-resource-brings-magnifica-humanitas-to-parishes-and-families/>

## Coming up this week

Monday- 22/06/26

**Funeral David Quirk** at

11:00 am, Nowra

**Funeral Jadwiga Martin** at

1:00 pm, Nowra

Tuesday- 23/06/26

**Adoration** at 7:30 am,

Vincentia

**Rosary** at 8:00 am, Vincentia

**Rosary** after 5:30 pm Mass,

Berry

**Sanctus Summit** at 6:30 pm,

Nowra

Wednesday- 24/06/26

**Craft Group** at 9:30 am,

Nowra

**Choir Practice** at 3:30 pm,

Vincentia

**Adoration & Rosary** at 5:00

pm, Vincentia

Thursday- 25/06/26

**Adoration** at 7:30 am,

Vincentia

**Rosary** at 8:00 am, Vincentia

**Adoration & Rosary** at 5:00

pm, Culburra

**Stella Maris Prayer Group**

at 6:30 pm, Culburra

**St Joseph's Mens Adoration**

**Group** 8pm-6am, Nowra

Friday- 26/06/26

**Craft Group** at 10:00 am,

Vincentia

**Rosary** at 5:00 pm,

Bomaderry

Saturday- 27/06/26

**The Man Walk** at 7:15 am for coffee before walk

@Providence Blue Cafe,

Sanctuary Point

**Baptism** at 2:00 pm, Nowra



## Diocesan Notice

### Caring support for you and your family

When life feels challenging, support can make a difference. CatholicCare's professional counsellors are here for you. We support children, adults, couples, and families, with appointments available in person, online, or by phone. Call 1800 967 894

## Parish Event

### Winter Appeal - Vincentia SVDP

The Winter Appeal collection for Vincentia Holy Spirit SVDP Conference will be held at the **Saturday Vigil Mass on 20th June** and **Sunday Mass on 21st June** at the Vincentia Holy Spirit Church. Conference members will stand outside the church at the end of each Mass on both days with buckets to collect money for our yearly Winter Appeal.

## Parish Notice

### Faith Circles - Scripture Reflection

The scriptures, especially our Sunday readings, are an important way of coming to know the person of Jesus and grow in our faith. We have two groups currently in the parish:

- Fortnightly on Wednesdays, 7pm in the St Michael's Parish Centre. Next will be on Wednesday 1st July
- Weekly on Tuesdays, 2pm at Holy Spirit Vincentia

Everyone is most welcome to attend.

# Parish Notices

## Liturgical Ministers Formation Dates

Our upcoming **Liturgical Formation Sessions** are important opportunities for all our liturgical ministers to grow in appreciation for Mass, and to standardise best practices across our parish with its six churches. **All current ministers are expected to attend the session relevant to their ministry.** New volunteers are very welcome. If you cannot attend, please contact Fr James so alternative arrangements can be made for you.

**Session Dates (9:30am-12:00pm. Morning tea included):**

- **27 June:** Acolytes, Servers, and Sacristans
- **16 July:** Communion to Sick and Housebound (10am-12:30pm)
- **25 July:** Music Ministry (incl Choir Members)
- **15 August:** Lectors/Readers
- **22 August:** Extraordinary Ministers of Holy Communion
- **31 October:** Welcomers & Collectors **\*\*NEW\*\***

**Location:** Parish Centre, Nowra  
Please register via the **QR code** provided, or contact the parish office.



## Project Compassion Tax Receipts Available

If you donated to Caritas Australia through St Michael's Parish, Shoalhaven and requested a tax receipt (cash and cheque donations only — credit card donation receipts will be available later), your tax receipt is now available for collection. Please collect your receipt from the Parish Office during office hours.

# Our Churches

## Sacred Heart Bomaderry



On Friday June 12<sup>th</sup> a large congregation gathered at Bomaderry to celebrate the feast of The Sacred Heart. Following a beautiful, joyful mass those assembled enjoyed a pleasant social get together.

Ivor Davies and Margaret Sharpe have provided a brief history of the church here in Bomaderry.

In 1962, due to the growing population in Bomaderry and under the instruction of the then Bishop Murray and Rev Monsignor John Purcell, sufficient land in Bunberra Street, Bomaderry, was purchased to build a church and a possible Primary School. The Sacred Heart Church was built, but the school never eventuated, and the excess land was sold. It has been said that the Monsignor's personal devotion to the Sacred Heart was probably the reason for the naming of the church. Architect was Don Kennedy of Wollongong and builder was parishioner Alex McCoy. The first Mass was celebrated on 17th February 1963. However, it was not until 5th May that year that Bishop McCabe conducted

the official opening. Parishioner John Foldesy was the first altar server. Parishioner Joan Zambelli organised the first lay readers and was responsible for inspiring a group of young girls to form the Children of Mary. There was also a men's Holy Name Society which met monthly for mass.

Our musicians and choir today may not be aware that they carry on a long tradition of music in our church. Mrs May Courtney (Karen Sweeney's grandmother) was the organist for many years and after her came her daughter Eileen Pascoe, then Michael Brown and Peter Clark. In 1999, some modifications were made to the Church. A space was created for a more welcoming area, for overflow seating, especially for those from the Nursing Home next door and a space for prayer groups and morning teas. A special Celebration of Cultures mass was a highlight in 2018 with parts of the mass said and sung in different languages and cultural dancing and food afterwards on the front lawn.

